

**Join us. Tell a friend.
Pass it on.**

Every great
cause has to start
somewhere. This
one starts with you.



We're on a mission to raise awareness that cardiovascular disease is the #1 killer of U.S. women, claiming nearly 500,000 lives a year.

Help get the word out. Ask your mom if she knows her cholesterol levels; encourage a friend to quit smoking; share heart-healthy recipes with your co-workers.

**Join the Go Red for Women movement today.
Visit www.goredforwomen.org or
Call **1-888-MY-HEART.****

Invite your friends to join us in this lifesaving cause.

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